

Drs. Paul and Virginia Friesen have been involved in Family Ministries for more than 40 years through family camps, church staff positions, speaking, consulting, and writing. In 2003, they founded Home Improvement Ministries (www.HIMweb.org), a non-profit organization dedicated to equipping individuals and churches to better encourage marriages and families in living out God's design for healthy relationships.

As the lead resource couple at Home Improvement Ministries, the Friesens regularly speak at marriage, men's, and women's conferences in the US and internationally, as well as local family and parenting seminars, and have an ongoing ministry with professional athletes. Paul and Virginia both have Doctorates in Marriage and Family Therapy from Gordon-Conwell Theological Seminary.

Between them they have authored more than fifteen books and curriculums on parenting and marriage, including *Letters to My Daughters*, *In Our Image*, *Raising a Trailblazer*, *Before You Save the Date*, *The Marriage App*, and most recently, *Lovin' Your Wife Like Christ When You Ain't No Jesus*.

Paul and Virginia were married in 1976 and are the parents of three young adult women, two of whom are now married to wonderful, Godly men. Their middle daughter is living fully for Christ as a single woman and trusting God for His best. Paul and Virginia's greatest joy in life is knowing that their children are "walking in the truth."